



Gesa Krämer

Managing director, trainer, coach,
body and trauma psychotherapist

office : Marie Alexandra Straße 32
D- 76135 Karlsruhe
mobile: +49 (0) 170 - 73 04 182
e-Mail: gk@consilia-cct.com

Born on 7. February 1975 in Menden / Sauerland,
married, mother of a son (*2.9.2011)

Positions

since 01/2010	Managing director, consilia cct – create culture together (GbR), together with Prof. Dr. Kirsten Nazarkiewicz
since 12/2009	Practice for psychotherapy (non-medical practitioner), first in Stuttgart then Karlsruhe
since 01/2007	Coaching practice in Stuttgart/Karlsruhe and virtual coaching
11/2005 - 12/2009	Managing director Culture Coaching & Training
12/2004 - 11/2005	Project coordinator, B2B-Marketing introduction Europe Manufacture Française des Pneumatiques Michelin, Clermont-Ferrand
06/2002 - 11/2004	Trainer and coach: Sales and distribution coaching, team development and process facilitator Michelin Reifenwerke KGaA, Germany, Karlsruhe
03/2000 - 05/2002	Responsible for personal marketing for Michelin Reifenwerke KgaA, Germany, Karlsruhe, personnel selection and consulting

Expertise

- Supervisor for educators and teachers (various organizations)
- Trauma pedagogical support for educational institutions
- Group coaching for various target groups (online and face-to-face)
- Coaching of management (including dual leadership)
- Consultancy and Training for change management
- Trainer of coaches at Master's level, course director
- Lecturer for intercultural competence, Schwetzingen University of Applied Sciences, Saarbrücken University, Ulm University, etc.
- Organizational developer for Diversity & Inclusion



- Moderation and support of team processes of all kinds (mission statement, team competencies, diversity, etc.)
- Trainer/workshop leader/facilitator for various topics in companies and organizations (cultural competence, conflict management, diversity competence, team building, anti-bullying/racism, virtual communication, resilience, change skills, bullying, interviewing, self-management, leadership development, online didactics, virtual leadership, inclusive leadership, anti-discrimination, psychological safety, unconscious bias, etc.)
- Psychological Advisor for Leadership Assessments and Recruiting processes
- Support for immigrants for integration in work, culture and personal issues

Publications

For current list: www.consilia-cct.com/de/publikationen.php

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| 05/2012 | Nazarkiewicz, Kirsten/Krämer Gesa (2012): Handbuch Interkulturelles Coaching. Konzepte – Methoden – Kompetenzen für die kulturreflexive Begleitung. Göttingen: Vandenhoeck & Ruprecht (book) |
| 09/2011 | Krämer, Gesa (2011): Der Körper als Ressource in der transkulturellen Psychotherapie, in: Heise, Thomas/Golsabahi, Solmaz (eds.): Mit Leib und Seele ankommen. Das transkulturelle Psychoforum Band 18, Berlin: VWB Verlag für Wissenschaft und Bildung (article) |
| 01/2008 | Krämer, Gesa/Nazarkiewicz, Kirsten (2008): Arbeiten im Ausland. Gut vorbereitet ankommen und zurückkehren. Bertelsmann Verlag, Bielefeld (handbook) |
| 01/2006 | Krämer, Gesa/Quappe, Stephanie (2006): „NLP und Interkulturelle Kommunikation. Einblick in fremde Welten“. Verlag uni-edition, Berlin, |
| since 01/2005 | Various articles on intercultural management, culture-reflexive coaching, business culture among other things in magazine: Mondial (SIETAR e. V.), Einblick (Wirtschaftsjunioren e. V.), Sourcing Asia, proActive (EUMA e. V.), OSC, managerSeminare and many more |

Education

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| since 2025 | Critical Whiteness/Anti-Racism Project group for revising the curriculum of systemic training courses |
| since 2020 | Organisation of an annual retreat for professionals as a self-organised learning space on the topic of embodiment and reflection on group dynamics |
| since 2006 | Annual participation in various specialist conferences as workshop leader, speaker and participant |
| 2013-2016 | Further training in trauma therapy/education (with EMDR), Barbara Mundorf practice, Karlsruhe |
| since 2009 | Fixed supervision and peer consulting groups |



2009	Admission as a certified non-medical practitioner in psychotherapy (HP Psych.) by the Stuttgart Health Authority
2008	Advanced training in systemic family- and organizational constellations, Arbeitswissenschaftliches Institut, University of Hannover
2007	Course in dialogue process after Martin Buber/David Bohm
2006	Advanced training in theme-centred interaction and group dynamics, Deutsche Gesellschaft für Gruppendynamik, Munich
2005 - 2012	Training in Certified Bioenergetic Therapist (body psychotherapie), IIBA, New York
2001 - 2006	Leadership training (consulting and group processes) at Neuewege-Seminare, Klaus Frey, Baden-Baden
2000 - 2004	NLP Practitioner and Master-training at Jan Exner (Dipl.-Psychologist), Baden-Baden and CNLPA, Klaus Grochowiak, Wiesbaden
1994 - 2000	Study in intercultural communication (cultural studies, French and Spanish philology, business studies) certificate: M.A., studies abroad in Spain and internship in Paris

Languages

German	native
English	fluent, seminar-/therapy proved
French	fluent, seminar-/therapy proved
Spanish	fluent, seminar-/therapy proved
Italian	basic knowledge of spoken and written Italian

Memberships (active)

- Deutsche Gesellschaft für systemische Familientherapie (DGSF)
- Institute for Bioenergetic Analysis (IIBA)
- Society for intercultural education, training and research (SIETAR)
- Dachverband transkulturelle Psychotherapie und Psychiatrie im deutschsprachigen Raum (DTPPP)
- Verband für Traumatherapie und EMDR (traumatherapie-emdr.eu)

Voluntary work

- Supervisor/therapist/coach/process facilitator for emergency personnel and crew teams at SeaWatch and its international partner organizations
- Organizational development/facilitation for a voluntary district café
- Online teacher for students at LifeTeachUs